

## 2005 Track Field

Event	2005 Mark	Record Holder	Year	Mark
100 M	Joey Woolridge	:11.13	Ron Clifton	1978 :10.51
200 M	Joey Woolridge	:21.9	Jake Brown	1990 :21.51
400 M	Joey Woolridge	:49.22	Troy Johnson	1991 :47.49
800 M	Willie Jones	1:56.12	Mike Bisbee	1977 1:49.62
1500 M	Chris Stehula	4:00.71	Kipp Ortenburger	1993 3:51.00
3000 M	Chris Stehula	9:04.3	Sergio Reyes	2000 8:57.2
5000 M	Jon George	16:04.42	Tom McKeown	1981 14:39.4
10000 M	Martin Hernandez	32:42.47	Tom McKeown	1982 30:49.6
Steeplechase	Jon George	9:53.95	Matt Armbruster	1981 9:27.6
110 HH	Roger Legault	:17.02	C. Hatch, K. Scott	1974, 1981 :14.2
400 LH	Tyler Buwalda	:59.86	John Walker	2000 :53.46
4 x 100 Relay		:43.90		1977 :42.34
4 x 200 Relay		1:40.39		1990 1:28.2
4 x 400 Relay		3:28.8		1982 3:11.9
4 x Mile Relay				1982 16:41.4
Sprint Medley				1990 3:30.4
Distance Medley		10:30.85		1989 10:19.5
High Jump	Kyle Bassi	5-6	Sean Chambers	1985 7-0
Long Jump	Alexander Howze	20-4.5	Henry Jenkins	1998 23-10.75
Triple Jump	Ryan Hanson	43-3.75	Mario Smith	1987 45-10.5
Pole Vault	Kasey Burlingham	16-2	Chase Shealy	2004 17-3
Shot Put	Jon Jordan	45-7.75	Dan Lewis	1973 52-10.75
Discus	Jon Jordan	115-0	Paul Merdinger	1986 150-0
Javelin	Alexander Howze	152-6	John Amneus	1990 208-3
Hammer			Matt Godbehere	1993 152-10
Decathlon			Geoff Bradshaw	1989 6246 Pts
Event				
100 M	Shannon Pile	:13.0	Julia Turing	1988 :11.68
200 M	Shannon Pile	:26.48	Julia Turing	1988 :23.86
400 M	Laura McGauley	1:03.7	Heather Owens	1986 :56.43
800 M	Laura McGauley	2:18.46	Kathryn Krieger	1988 2:11.45
1500 M	Clare Nowel	5:06.26	Kathryn Krieger	1989 4:30.98
3000 M	Alison Van Beurden	11:35.4	Kathryn Krieger	1989 9:57.67
5000 M	Alison Van Beurden	19:40.50	Christina Reyes	2004 17:48.50
10000 M	Alison Van Beurden	41:06.68	<b>Alison Van Beurden</b>	<b>2005 41:06.68</b>
Steeplechase	Clare Nowel	11:48.57	<b>Clare Nowel</b>	<b>2005 11:48.57</b>
100 HH	Alycia Wagner	:17.2	Beth Ault	1991 :15.34
400 LH	Clare Nowel	1:18.5	Christi Binns	1986 1:03.24
4 x 100 Relay		:51.9		1986 :48.89
4 x 200 Relay				
4 x 400 Relay		4:20.48		1986 3:51.37
4 x Mile Relay				
Sprint Medley				
Distance Medley				1988 11:59.86
High Jump			E. Baston, S. Chan. T. Noble	1978, 81, 98 5-4
Long Jump	Laura McGauley	16-6.75	Julia Turing	1989 18-6.5
Triple Jump			Tee Noble	1998 38-2
Pole Vault	Ashley Alten	11-9	C. Silva, T. Neely	2004 12-0
Shot Put	Jessi Pauze	33-5	Lara Newell	1993 44-3
Discus	Jessi Pauze	92-0	Debra Hiner	1976 140-0
Javelin	Jessi Pauze	87-4.25	Julia Turing	1989 148-10
Hammer	Jessi Pauze	114-2	Jennifer Wright	1997 134-7
Heptathlon			Julia Turing	1988 4232 Pts