2024 INSTRUCTIONAL ANNUAL PROGRAM PLANNING WORKSHEET

CURRENT YEAR: 2023-2024   PROGRAM(S): COACHING HEALTH AND WELLNESS CERTIFICATE
CLUSTER: HEALTH AND WELLNESS   AREA OF STUDY: HEALTH AND WELLNESS
LAST YEAR CPPR COMPLETED: 2023   NEXT SCHEDULED CPPR: 2026 CURRENT DATE: SPRING 2024

The Annual Program Planning Worksheet (APPW) is the process for:
- reviewing, analyzing and assessing programs on an annual basis
- documenting relevant program changes, trends, and plans for the upcoming year
- identifying program needs, if any, that will become part of the program's **Resource Plan**, which can be downloaded from this **SharePoint folder**. Please review the **Resource Allocation Rubric** when preparing the resource plan.
- highlighting specific program accomplishments and updates since last year's APPW
- tracking progress on a Program Sustainability Plan if established previously

Note: Degrees and/or certificates for the *same* program *may be consolidated* into one APPW.

This APPW encompasses the following programs of study (degrees and/or certificates):

Certificate of Specialization: Coaching Health and Wellness

GENERAL PROGRAM UPDATE

This is a small certificate, four units, that can be completed in one semester. The purpose of this certificate is to expand the area of study and certificate completion for students interested in the Kinesiology ADT and/or the Exercise Science – Fitness Professionals Certificate. This program is an entry level certificate for students interested in the industry of coaching wellness behaviors.

PROGRAM SUSTAINABILITY PLAN UPDATE

Was a Program Sustainability Plan established in your program's most recent Comprehensive Program Plan and Review?

Yes ☐ If yes, please complete the Program Sustainability Plan Progress Report below.
No ☒ If no, you do not need to complete a Progress Report.

If you selected yes, please complete the Program Sustainability Plan Progress Report below after you complete the Data Analysis section. That data collection and analysis will help you to update, if necessary, your Program Sustainability Plan.

DATA ANALYSIS AND PROGRAM-SPECIFIC MEASUREMENTS

Your responses to the prompts for the data elements below should be for the entire program. If this APPW is for multiple degrees and/or certificates, then you MAY want to comment on each degree and/or certificate or discuss them holistically for the entire program being sure to highlight relevant trends for particular degrees and/or certificates if necessary. Responses in this document need only reference the most recent year's available data.

A. **General Enrollment**

This is a small certificate program developed to serve a specific population of students interested in the growing industry of coaching wellness. The average enrollment for all three courses, over the past 6 years, has been 56 students.
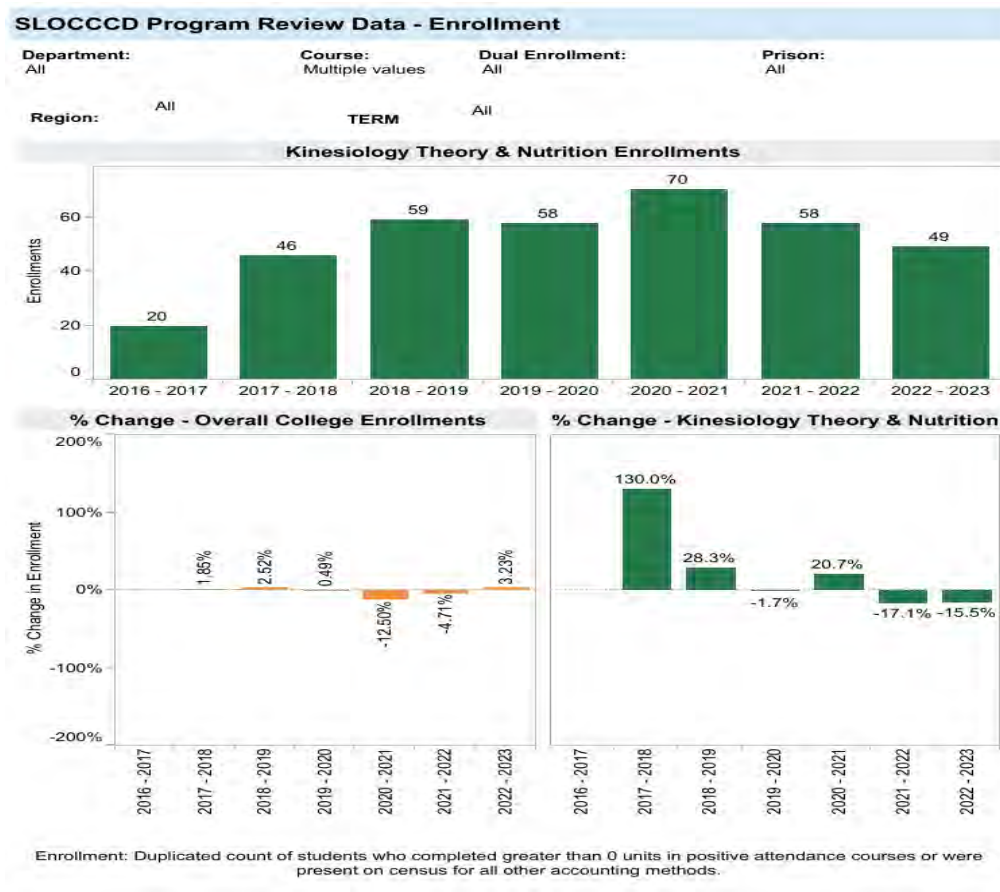
General Student Enrollment 1

B. **General Student Demand (Fill Rate)**

The fill rate for these courses is below the overall college fill rate by some margin. This may be due to the specialized population of students seeking this certificate.

SLOCCCD Program Review Data - Student Demand (Fill Rate)

Department:	Course:	Dual Enrollment:	Prison
All	Multiple values	All	All

Fill Rate: The ratio of enrollments to class limits. Cross listed class limits are adjusted appropriately. Also, courses with zero class limits are excluded from this measure.

C. **General Efficiency (FTES/FTEF)**

Again, these are smaller courses and, as the fill rates are lower than the general college fill rates, it is expected that the efficiency of these courses would also fall below the college average.
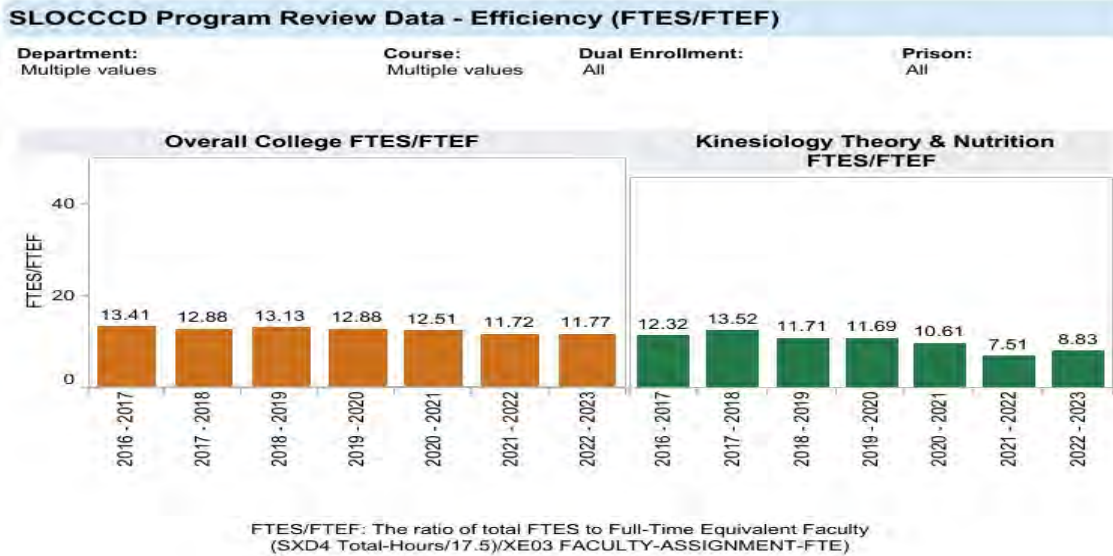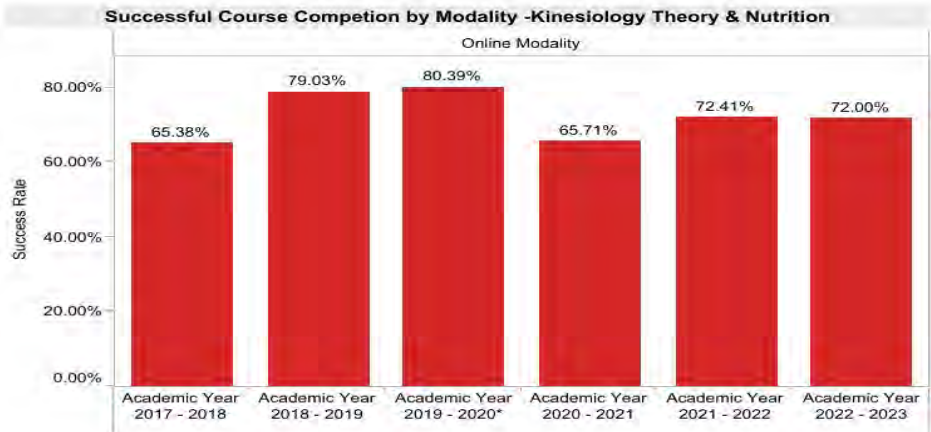
D. **Student Success—Course Completion by Modality**

This certificate is taught in the 100% online modality. The completion rate for this certificate averages in the low-seventy percent range. The completion rate has largely been consistent since the 2017-2018 academic year.

SLOCCCD Program Review Data: Successful Course Completion

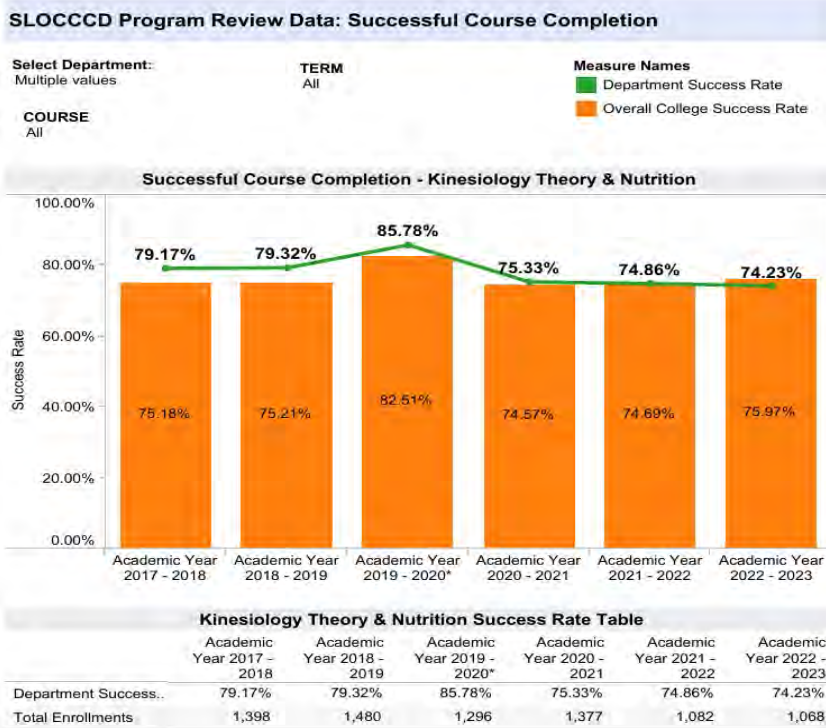Select Department: All

Course: Multiple values

Legend: ⬛ Online Modality

Successful Course Competion by Modality -Kinesiology Theory & Nutrition

Online Modality

Academic Year	Success Rate
2017 - 2018	65.38%
2018 - 2019	79.03%
2019 - 2020*	80.39%
2020 - 2021	65.71%
2021 - 2022	72.41%
2022 - 2023	72.00%

Successful Course Competion by Modality Table - Kinesiology Theory & Nutrition

		Academic Year 2017 - 2018	Academic Year 2018 - 2019	Academic Year 2019 - 2020*	Academic Year 2020 - 2021	Academic Year 2021 - 2022	Academic Year 2022 - 2023
Face to Face Modality	Department Success Rate	82.60%	85.40%	89.39%	84.21%	79.78%	81.47%
	Total Department Enrollm..	701	767	627	311	279	286
Online Modality	Department Success Rate	75.72%	72.79%	82.30%	72.78%	73.16%	71.57%
	Total Department Enrollm..	697	713	669	1,066	803	782

5 S a n L u i s O b i s p o C o u n t y C o m m u n i t y C o l l e g e D i s t r i c t
I n s t r u c t i o n a l A n n u a l P r o g r a m P l a n n i n g W o r k s h e e t
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E. **Degrees and Certificates Awarded**

There is no program data available for this category.

F. **General Student Success – Course Completion**

SLOCCCD Program Review Data: Successful Course Completion

Select Department: Multiple values

TERM: All

Measure Names
- ■ Department Success Rate
- ■ Overall College Success Rate

COURSE: All

Successful Course Completion - Kinesiology Theory & Nutrition

	Academic Year 2017 – 2018	Academic Year 2018 – 2019	Academic Year 2019 – 2020*	Academic Year 2020 – 2021	Academic Year 2021 – 2022	Academic Year 2022 – 2023
Department Success..	79.17%	79.32%	85.78%	75.33%	74.86%	74.23%
Total Enrollments	1,398	1,480	1,296	1,377	1,082	1,068

Success: The Percentage of student enrollments resulting in a final grade of "C" or better

Instructional Annual Program Planning Worksheet
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Review the **Disaggregated Student Success** charts; include any charts that you will reference. Describe any departmental or pedagogical outcomes that have occurred as a result of programmatic discussion regarding the data presented.

The following are some questions you might want to consider:

- What specific groups are experiencing inequities? What patterns do you notice in the data? How have the equity gaps changed since the previous academic year?
- What professional opportunities are your program faculty participating in to address closing equity gaps?
- What strategies, policies and/or practices in your program have you implemented or what could be improved to better support students who experience equity gaps?

After reviewing the disaggregated student success data, the largest performance gap was between academically disadvantaged students and those not identified as academically disadvantaged. One reason for this gap may be that the certificate is 100% online. Although the modality success rates for online were high, the online modality does create inherent challenges for some students. A strategy to further develop for this program is early and frequent conversation and intervention between faculty and student. Moreover, communication with students prior to the start of the classes, to ensure students have access to appropriate technology to support success, should be considered.

PROGRAMS AND CURRICULUM REVIEW PROGRESS

A. For the following questions, please refer to the 5-year update calendar in the **Curriculum Review Worksheet** (or classic template if your last CPPR was conducted before 2023) from your most recent CPPR.

List those programs of study (degrees and/or certificates) and courses that were scheduled for major or minor modification during the 2023-2024 year in the 5-year calendar of the Curriculum Review Worksheet.

COACHING HEALTH AND WELLNESS CERTIFICATE

From the list generated in #1, identify those programs of study and courses that underwent the scheduled modifications during the 2023-2024 year. Complete the table below for those items only.

Program of Study **OR** Prefix and Course #	Major/Minor Modification (select one)	Date completed (semester and year)
Coaching Health and Wellness	Minor	Spring 2023

*All CPPR and APPW information for this certificate has been complete on time and withing the scheduled 5-year process.

OTHER RELEVANT PROGRAM DATA (OPTIONAL)

This certificate program is an entry level certificate in the profession of Wellness Coaching. After completion of the certificate, students are prepared to be an ACE Certified Behavior Coach. Further development of this program will lead to tiers of professional certification in Health and Wellness Coaching.

PROGRAM OUTCOMES ASSESSMENT CHECKLIST AND NARRATIVE

CHECKLIST
- ☒ SLO assessment cycle calendar is up to date.
- ☒ All courses scheduled for assessment have been assessed in eLumen.
- ☐ Program Sustainability Plan progress report completed (if applicable).

NARRATIVE
NONE.

PROGRAM PLANNING / FORECASTING FOR THE NEXT ACADEMIC YEAR

Briefly describe any program plans for the upcoming academic year. These may include but are not limited to the following: *(Note: you do not need to respond to each of the items below). If there are no forecasted plans for the program, for the upcoming year, indicate: NONE.*

A. Further development of coursework in coaching wellness is being considered. Moreover, the development of Health and Wellness Coaching programs in conjunction and collaboration with academic disciplines such as Addiction Studies and/or Public Health is being discussed.

10 S a n   L u i s   O b i s p o   C o u n t y   C o m m u n i t y   C o l l e g e   D i s t r i c t
I n s t r u c t i o n a l   A n n u a l   P r o g r a m   P l a n n i n g   W o r k s h e e t
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PROGRAM SUSTAINABILITY PLAN PROGRESS REPORT

This section only needs to be completed if a program has an existing Program Sustainability Plan. Indicate whether objectives established in your Program Sustainability Plan have been addressed or not, and if improvement targets have been met.

Area of Decline or Challenge	Identified Objective (Paste from PSP)	Planning Steps (Check all that apply)	Has the Improvement Target Been Met?
Enrollment		☐ Identified ☐ Resources Allocated ☐ Implemented	**Select one**
Student Demand (Fill Rate)		☐ Identified ☐ Resources Allocated ☐ Implemented	**Select one**
Efficiency (FTES/FTEF)		☐ Identified ☐ Resources Allocated ☐ Implemented	**Select one**
Student Success – Course Completion		☐ Identified ☐ Resources Allocated ☐ Implemented	**Select one**
Student Success — Course Modality		☐ Identified ☐ Resources Allocated ☐ Implemented	**Select one**
Degrees and Certificates Awarded		☐ Identified ☐ Resources Allocated ☐ Implemented	**Select one**

If Program Sustainability Plan is still necessary, provide a brief description of how you plan to continue your PSP and update your PSP to remove any objectives that have been addressed and include any new objectives that are needed.