

#CUESTACAMPUSWELL PRESENTS

PHOTOGRAPHY CONTEST II

EMOTIONS THROUGH THE LENS 2020



2 CATEGORIES:

A. CUESTA STUDENTS B. FACULTY & STAFF

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**1ST PLACE: \$100 GIFT CARD-2ND PLACE: \$50 GIFT CARD-
3RD PLACE: \$25 GIFT CARD**



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Topics:



- How do you stay healthy during the pandemic?
- How do you keep your mental health strong during this challenging time?
- Being apart doesn't mean we are alone or disconnected.
- Having a strong social network boosts our physical and mental health.



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Members of the Jury reviewed all entries and judged the images (25 in total) on the basis of

- ✓ Creativity 20%
- ✓ Artistic merit 20%
- ✓ Originality 20%
- ✓ Name/title 10%
- ✓ Relevance to the topics 30%



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MEMBERS OF THE JURY

Name	Job Title	Organization
Annie Jankovitz	College Wellness Coordinator	County of SLO Behavioral Health
Kellie Fernandez	Health Outreach Enrollment Specialist	CAPSLO, The Center
Kristina Vastine	Coordinator; Grant-Funded Programs and Special Projects	Cuesta College
Ritchie Bermudez	Associate Director; Marketing & Communications	Cuesta College
Nicole Johnson	Director of Health Services	Cuesta College



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Category A: Cuesta Students



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**Embrace the moment,
connect your body with
nature.**

**By Ximena Almanza.
Student.**



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JURY COMMENTS

- Relevance to multiple themes and topics
- Composition – especially how the people are standing tall and almost mimicking the groves of trees, symbolizing the connection to nature and to each other
- Relevant topic - Hits all the topics of staying healthy (physical, mental, social, emotional); staying connected and centered through yoga outdoors with others
- Demonstrates both community and staying healthy during the pandemic



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**With Change Comes
Opportunity.**

**By Amy Shick.
Student.**



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JURY COMMENTS

- Very creative, relevant, and artistic. The title demonstrates a positive outlook during a challenging time
- Creative and positive messaging
- Title/ picture originality - topic relevance



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Twirling into the sunset.

**By Sarah Gilbert.
Student.**



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JURY COMMENTS

- A good representation of finding what brings you joy in day to day life
- Very artistic and freeing feel to it



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Nature Heals.

**By Luise Gleason.
Student.**



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JURY COMMENTS

- Great low-exposure image with good lighting
- Nice textures from the leaves of the trees, the moss, and the moving water
- Overall great energy in this photo
- Creative, artistic, original, and relevant. Exploring nature is a safe way to take care of ourselves mentally & physically during the pandemic. The title says it all, nature heals





Food for thought: how we feel is a reflection of what we eat. Don't forget to be mindful of what you choose to put on your spoon.

**By Mariana Torres Ramos.
Student.**



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JURY COMMENTS

- Very creative; relevant topic; artistic and original; catchy title.
- A very creative and original reminder that proper nutrition can impact our physical and mental health.



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Category B: Staff and Faculty



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Distant Shores.

**By Matthew Fleming.
Faculty.**



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JURY COMMENTS

- Very relevant to the topic; very creative and artistic with a unique title
- Beautiful sunset shot, but I'm responding well to the composition and the use of the surfboard as leading lines to the two subjects in the distance
- Relevance to topic
- A beautiful, artistic, and creative photo. Surfing is a great socially distant activity that promotes mental and physical wellness
- Creative, relevant and high artistic merit



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Community.

**By Marcia Harvey.
Faculty.**



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JURY COMMENTS

- Great quality photography; unique title/image of community
- Relevance to topic and originality
- Highly creative



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Peaceful Reflection.

**By Brittany Bauer.
Staff.**



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JURY COMMENTS

- Stunning photo and composition. I love the use of the rule of thirds, leading lines
- The use of the reflected images to speak to and symbolize the topic and theme
- Beautiful photo and creative title



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**Keep Calm & Hang
Loose During These
Stressful Times.**

**By Wendy Wagoner.
Faculty.**



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JURY COMMENTS

- Original and creative, very relevant title. Pets are great for mental health!
- Loved the humor and relevance



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Congratulations to our winners and many thanks to all of our participants. Soon we will have a digital gallery to see all the photographs.



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