

NURSING ASSISTANT

ASSOCIATE DEGREE & CERTIFICATE PROGRAMS

2023-2024 CATALOG

DESCRIPTION

The Nursing Assistant Program (NAST) trains students to provide basic patient care such as taking vital signs, bathing, feeding, transferring, positioning, and bed making. The courses cover techniques of communication, understanding behavior and identification of ethical issues in patient care.

Students apply principles of basic nursing care to patients and clients of all ages in skilled nursing facilities. Upon completion of this course students are eligible to take the test for CNA certification. A hands-on patient-care clinical practicum is part of the education.

CERTIFICATE PROGRAMS

A [Certificate Program](#) is designed for students who desire specific training to meet an immediate occupational or personal goal, or for promotion or lateral transfer within their existing field of employment. To qualify for a Certificate of Achievement or a Certificate of Specialization, a student must 1) complete all courses required for the Certificate with an overall grade point average of 2.0.

DEGREES, CERTIFICATES & AWARDS

- Certificate of Specialization (C.S.)

CAREER OPPORTUNITIES

- Assisted Living Facilities
- Home Health
- Hospitals
- Long-term Care Facilities

CONTACT

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CERTIFICATE PROGRAM

Nursing Assistant — Certificate of Specialization

The Nursing Assistant Program trains students to provide basic patient care such as taking vital signs, bathing, feeding, transferring, positioning, and bed making. The courses cover techniques of communication, understanding behavior and identification of ethical issues in patient care. Students apply principles of basic nursing care to patients and clients of all ages in skilled nursing and acute care facilities. Upon completion of this course students are eligible to take the test for nursing assistant certification. Hands-on internship experience is part of the training.

Required Course (5 credits)

NAST 148 Nursing Assistant	3
NAST 148L . . . Nursing Assistant Lab	2
Total Credits:	5

[Click Here For Program Student Learning Outcomes](#)

TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare to transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Cuesta College counselor to develop a student education plan (SEP) before beginning their program.

TRANSFER RESOURCES:

CSU and UC Articulation Agreements and Majors Search Engine:
www.ASSIST.org
 CSU System Information:
www2.calstate.edu

FINANCIAL AID

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Cuesta College offers a full array of financial aid programs—grants, work study, scholarships, federal loan programs, and fee waivers. These programs are available to both full-and part-time students who are seeking a degree or certificate. For those who qualify, financial aid is available to help with tuition, fees, books and supplies, food, housing, transportation, and childcare. Please log onto our website for additional information:
www.cuesta.edu/student/student-services/finaid



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